

JANUARY 25 DINNER MENU

MONDAY

CAESAR SALAD WITH VEGETABLE
PROTEIN
SEA BREAM IN SAUCE WITH
VEGETABLES

CHICKEN FINGERS WITH SWEET
POTATO CHIPS

CREAMY OF CARROT SOUP WITH
BOILED EGG

TUESDAY

WILD ASPARAGUS
MEAT & TOMATO RAVIOLI

MONKFISH IN LEEK SAUCE WITH
WHITE RICE

HOMEMADE MUSHROOM
CROQUETTES WITH SWEET
POTATO FINGERS

WEDNESDAY

HOMEMADE PUMPKIN FINGERS
CODFISH STUFFED PEPPERS

HOMEMADE VEGETABLES PASTRY

TURKEY SAUSAGES IN SAUCE &
SMASEHD POTATOES

SLICED AUBERGINE (BAKED)
HOMEMADE CHICKEN FINGERS IN
"PANKO"

THURSDAY

CHICKEN & VEGETABLES
"TACOS" WITH SOUR CREAM

QUINOA SALAD
COTTAGE PIE

ESCAROLA & CHERRY TOMATOES
SALAD
BAKED SEA BREAM WITH
TOMATO SAUCE

STAR SOUP
SPINACH & PRAWNS LASAGNA

FRIDAY

SAUTÉED MIXED VEGETABLES
WITH PRAWNS & CALAMARI

POKE RICE BOWL WITH SALMON,
AVOCADO AND MUSHROOMS IN
"CABRALES SAUCE"

COLD YORK ROLLS
"PIL PIL" STYLE CODFISH

RICE & CHIKPEAS SALAD WITH
PEPPERS & BLACK OLIVES

